Project Phoenix

Positive relationships and online safety

Guidance for primary schools

Positive relationships and online safety: Guidance for primary schools

This resource pack is intended for use by primary schools to support children to become responsible digital users and to raise their awareness of the risks of some behaviour online irrespective of the technology they are using.

'Sexting' is the exchange of sexual messages and images, creating, sharing and forwarding sexually suggestive nude or nearly nude images through mobile phones or other internet enabled devices. Sexting takes place between 'friends'. It affects both girls and boys. It is not an issue to be dealt with in isolation but an increasingly integral part of children's online social lives where they are subject to peer pressure/ gender based bullying to participate. The behaviour has become an issue in primary schools where children may not realise how the behaviour makes them vulnerable to being coerced into more sexual activity/ sexual exploitation. Sexting can be hidden behaviour because children don't tell adults what they have done because they think adults will judge them.

The issue links very closely to sex and relationships education. Teaching about puberty before children experience it is essential to ensure that pupils' physical, emotional and learning needs are met and that they have the correct information about how to take care of their bodies and keep themselves safe. Teaching about puberty is also considered a key safeguarding issue by OFSTED. The May 2013 OFSTED evaluation identified that good SRE teaching (in primary stage this should focus on friendships, feelings and boundaries) enabled pupils to make informed decisions

about dealing with risk helped them to resists peer pressure more effectively.   Schools can best tackle sexting through these activities which link into the curriculum requirements:

- Teach pupils how to reduce risk of harm when using technology

- Develop pupil's skills to understand what material is/ is not appropriate to share

- Build pupil's resilience to make informed choices and cope with risk

- Ensure pupils know how to report and enable them to have confidence to talk to an adult about any concerns they may have for themselves or for other pupils.

The framework suggests various resources that are available from reputable sources online and a suggested age group for their use. Some of these are to encourage general online safety and some are more specifically related to sexting. It is up to individual schools to decide which resources should be used, the frequency of their use and whether these are whole school, year group or gender group activities. However, it is recommended that input is provided on a 'little and often' basis to reinforce effective learning.

Apart from the NSPCC resources and the Jigsaw assembly which look (obliquely) at sexual behaviour the remainder of the resources do not require parental consent but parental involvement would ensure consistency of use between home and school.

The framework identifies resources on a key stage basis. Most activities do not use a computer. There is also a section for teachers to prepare/ update themselves on the general issues over and above the teacher notes and activity descriptions.

A useful period to timetable some of this activity is around Safer Internet Day which is always the second Tuesday in February and is a Europe wide event. Resources are provided / updated for schools on the theme for the year and are publicised via Office Online.

Foundation Stage resources

Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
Friendship and responsibility online Foundation/ KS1	Story Book – Digiduck's big decision Available to order or download www.childnet.com/resources/digiducks-big-decision		No
Keeping safe on the Internet Foundation/ KS1	Storybook – The adventures of Smartie the Penguin e-book – available as a download www.childnet.com/resources/ smartie-the-penguin-e-book		No
Using the Internet Safely Foundation	Lee and Kim from ThinkUKnow Teachers Portal Teachers notes Lesson plans and supporting materials Song Post www.thinkuknow.co.uk/teachers/		No

Key Stage 1 resources

Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
Friendship and responsibility online Foundation/ KS1	Story Book – Digiduck's big decision Available to order or download www.childnet.com/resources/digiducks-big-decision		No
Keeping safe on the Internet Foundation/ KS1	Storybook – The adventures of Smartie the Penguin e-book – available as a download www.childnet.com/resources/smartie-the-penguin-e-book		No
SMART rule for Keeping Safe on the Internet KS1 and KS2	Childnet primary resources Childnet's SMART rules have proved effective in keeping younger children safe online. SMART Rules = Safe, Meet, Accepting, Reliable, Tell Animation – the adventures of Kara, Winston and the SMART crew – suitable for 6-11yrs Activities and Supporting resources www.childnet.com/resources/know-it-all-for-primary Also links to children's area of the website: www.childnet.com/young-people/primary A fuller list of resources can be found at: www.childnet.com/resources		No
Using the Internet Safely KS1	Lee and Kim from ThinkUKnow Teachers Portal Teacher's notes Lesson Plans and supporting materials Cartoon Song www.thinkuknow.co.uk/teachers/ Links to the 5-7 children's area of the TUK website www.thinkuknow.co.uk/5_7/		No
Using the Internet Safely KS1	Hector's World from ThinkUKnow Teachers Portal Lesson plans and supporting materials. www.thinkuknow.co.uk/teachers/ Links to the 5-7 children's area of the website www.thinkuknow.co.uk/5_7/		No

Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
General online safety KS1/KS2	Safer Internet Day resources available from the UK Safer Internet Centre There are primary resource packs available on the Safer Internet Day website. The packs contain a range of resources for assemblies, lessons and supporting activities. Let's create a better internet together (2015) Creating a better internet (2014 Connect with respect (2013) Discovering the digital world together safely (2012) Virtual lives (2011) www.saferinternet.org.uk/safer-internet-day/2014		No
General online safety KS1/KS2	Video - Can I be your friend – English National Opera available on YouTube Explores the language of social networking/ virtual world and prompts viewers to question whether we would take this action in the real world.		No
General online safety KS1/KS2	Video - Can I be your friend – English National Opera available on YouTube Explores the language of social networking/ virtual world and prompts viewers to question whether we would take this action in the real world.		No
CyberBullying KS1/KS2	Use the primary anti-bullying resource pack Cybermentors www.beatbullying.org/	May need risk assessment to decide whether CAF/TAC process required or CP referral	No

Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
Trolls KS1/KS2	Beware of lurking trolls Portsmouth City Council and Portsmouth Safeguarding Children Board have developed a resource pack for primary school age children about their online behaviour. There is a downloadable story book, a top tips leaflet and a poster available from the link below. www.portsmouth.gov.uk/ext/learning-and-schools/ learning/beware-of-lurking-trolls!.aspx There is also a video on YouTube www.youtube.com/watch?v=d8D8i0fO3Uo and a Facebook page to engage with for updates www.facebook.com/lurkingtrolls		No Consent. Would be useful resource to show parents as they are seen as the good helpers for children who find themselves caught up in this situation.
General Safeguarding (links to Keeping Children Safe in Education requirement) KS1	The Underwear Rule (PANTS) This is a resource aimed at supporting parents to have conversations with their children about keeping safe from abuse without mentioning sex. Helps children understand that some areas of their body are private. Not a school resource primarily but can be adapted. There are leaflets for parents and leaflets for children available from the NSPCC website. Use this web-link: www.nspcc.org.uk/help-and-advice/for-parents/keeping-your-child-safe/the-underwear-rule/the-underwear-rule_wda97016. html?utm_source=google&utm_medium=cpc&utm_campaign=Underwear_Rule_BND_B&utm_term=the_underwear_rule_nspcc&gclid=CIDfqbrzjcACFYofwwodzEwAyQ&gclsrc=aw.ds For details about NSPCC's collaboration with O2 aimed at parents go to:www.nspcc.org.uk/fighting-for-childhood/about-us/partners/nspcc-o2-online-safety-partnership/	None If children raise issues of concern/ disclose abuse as a result of the learning then an appropriate referral should be raised by the DSL	Yes (includes sex abuse) Parents can use the leaflet to follow-up this activity at home.

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Key Stage 2 resources

Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
SMART rule for Keeping Safe on the Internet KS1 and KS2	**Childnet primary resources** Childnet's SMART rules have proved effective in keeping younger children safe online. SMART Rules = Safe, Meet, Accepting, Reliable, Tell Animation – the adventures of Kara, Winston and the SMART crew – suitable for 6-11yrs Activities and Supporting resources www.childnet.com/resources/know-it-all-for-primary Resources are available with subtitles and BSL. Also links to children's area of the website: www.childnet.com/young-people/primary		No
Using the Internet Safely KS2	**CyberCafe – from ThinkUKnow Teacher's portal** Lessons and worksheets on connected topics www.thinkuknow.co.uk/teachers links to 8-10 year old children's area of the TUK website www.thinkuknow.co.uk/8_10/		No
General Online Safety KS2	**Staying Safe Online resources for KS2** Childnet resources that can be accessed via the Times Education portal. Teacher guides and supporting activity sheets www.tes.co.uk/teaching-resource/Staying-Safe-Online-Resources-for-Key-Stage-2-6400807/		No
CyberBullying KS1/KS2	**Use the primary anti-bullying resource pack** Cybermentors www.beatbullying.org/	May need risk assessment to decide whether CAF/TAC process required or CP referral	No

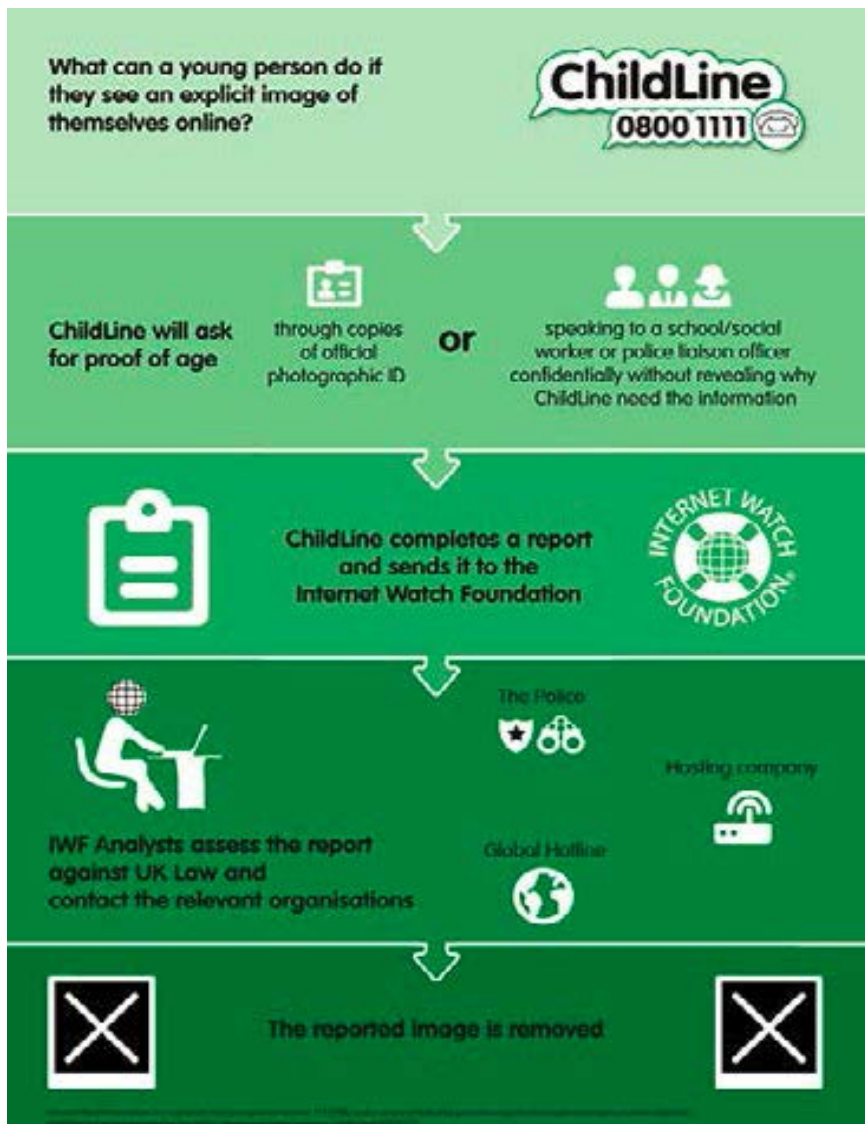| Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
Trolls KS1/KS2	**Beware of lurking trolls** Portsmouth City Council and Portsmouth Safeguarding Children Board have developed a resource pack for primary school age children about their online behaviour. There is a downloadable story book, a top tips leaflet and a poster available from the link below. www.portsmouth.gov.uk/ext/learning-and-schools/ learning/beware-of-lurking-trolls!.aspx There is also a video on YouTube www.youtube.com/watch?v=d8D8i0fO3Uo and a Facebook page to engage with for updates www.facebook.com/lurkingtrolls		No Consent. Would be useful resource to show parents as they are seen as the good helpers for children who find themselves caught up in this situation.
Inappropriate information shared on the internet including photographs. Understanding of privacy settings. Knowing where to find help. KS2	Safer Internet Day Assembly Resources from ThinkUKNow Teachers portal: Jigsaw. (Also available from teachertube or YouTube) Resource pack contains video with resources for activities to support the learning. Suitable for KS2. www.thinkuknow.co.uk/teachers/	May need to consider risk assessment to determine CAF/TAC/CP involvement for a specific child.	Possibly
Self-Generated Images-Sexting	Sexting advice from Childline www.childline.org.uk/explore/onlinesafety/pages/sexting. aspx?utm_source=google&utm_medium=cpc&utm_ campaign=NSPCC_-_Sexting&utm_term=facts_about_ sexting&gclid=CJefrN2MjsACFQsKwwodXTMA0A&gclsrc=aw. ds Introduces the ZipIT app for phones.	Consideration of risks to the child. May need to consider CAF/TAC or CP referral depending on activity.	Yes

Concern	Teaching Action By School Resources available	Links to other processes	Parental Consent/ Involvement required
CSE	**Real Love Rocks** Real Love Rocks is a programme developed by Barnardo's Safer Futures West Child Sexual Exploitation Service to promote healthy, consensual safe, relationships amongst children and young people. It seeks to raise awareness of grooming, child sexual exploitation and online safety. www.barnardosrealloverocks.org.uk/ Resource pack available from Barnardo's- free training available to all GM schools (time limited)		

Teachers

Area to be addressed	Resources available	Links to other processes
Assessment tool for sexual behaviour	**Brook traffic lights resource** Online package that supports learning about sexual development and offers a risk assessment tool that works on a traffic lights system www.brook.org.uk/index.php/traffic-lights	Provides resources across the age range. Links to RSE resources.
General knowledge of online safety	**KnowItAll for primary – teachers presentation** Useful background information that supports the use of the ChildNet resources. www.childnet.com/resources/know-it-all-for-primary/teachers-presentation Childnet offer a comprehensive resource sheet of websites: www.childnet.com/resources/primary-teachers-resource-sheet Childnet will provide primary activity days for pupils and sessions for staff. There is a charge. www.childnet.com/what-we-do/our-work-in-schools	Curriculum resources
General knowledge of online safety	**ThinkUKnow presentation** Child Exploitation and Online Protection (CEOP) centre presentation to provide background information about online safety. Presentations provided locally – will be advertised on learning leads.	Curriculum resources
Cyberbullying	**Primary resource pack** Cyberbullying guidance and resources (Digizen) available via the Childnet website. These resources are aimed at KS3/4 pupils but would be useful for staff to understand the issue. www.childnet.com/young-people/secondary/hot-topics/cyberbullying	Links to anti-bullying work
Sexting	**Sexting advice for teachers from the NSPCC** www.nspcc.org.uk/Inform/resourcesforteachers/good-practice/protecting-children-from-sexting_wdf96826.pdf	Need to understand how this links to **screening, searching and confiscation advice** for head teachers.
Online Safety Children with SEN	**Background information from the UK Council for Child Internet Safety (UKCCIS)** www.saferinternet.org.uk/content/childnet/safterinternetcentre/downloads/Research_Highlights/UKCCIS_RH_20_SEN_Children.pdf STAR SEN Toolkit from Childnet – aimed at children with autism in KS3/KS4 www.childnet.com/resources/star-toolkit	

Area to be addressed	Resources available	Links to other processes
	Leaflets available from the UK Safer Internet centre Facebook Checklist – free leaflet. Postage to be paid. Email safety@swgfl.org.uk **Early Years Toolkit** - £20 per copy Email as above.	
CSE	www.itsnotokay.co.uk/ Phoenix project website with resources and information for parents and professionals.	

What to do if a child has an unwanted explicit image of themselves online?

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